HALLETT COVE SOUTH PRIMARY SCHOOL



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Care Respect Environment Safety Teamwork

HALLETT COVE SOUTH PRIMARY SCHOOL SUN PROTECTION POLICY

Rationale

Hallett Cove South Primary School is committed to providing and maintaining a safe and healthy work environment for students, employees and visitors.

Aims

This policy aims to support the development of a school community that models:

- Positive attitudes towards skin protection
- Lifestyle practices that can help reduce the incidence of skin cancer.
- An awareness of the need for environmental changes in schools to reduce the level of exposure to the sun.

Goals

To ensure that all school community members:

- Are protected from skin damage caused by exposure UV Radiation from the sun
- Accept personal responsibility for and decision making about their own skin protection.

Implementation

The policy operates throughout the school year and is supported by the following sun protection strategies:

To minimise individual exposure to the direct sun:

- Lunch period will be limited to 50 minutes with students eating lunch in the classroom for 10 minutes before outside play of 40 minutes.
- Whenever possible, outdoor activities will be scheduled before 10am and after 2pm (11am and 3pm Daylight Saving Time), and in the shaded areas of the school, when practical.
- School assemblies will be held in the school activity hall.
- Sports Day will be held in term time when UV rays are not in the highest categories generally Term 2 and 3.
- Reception to Year 5 Swimming Instruction will be held at an indoor venue.

To minimise harm from exposure to the direct sun:

- Students will be encouraged to provide and apply an appropriate personal sunscreen before school in the morning and 15 minutes prior to outdoor lessons or lunch in Terms 1 & 4. It will be recommended to families to provide a broad-spectrum sunscreen with a SPF of 30+, tested at home to ensure no unintended allergic reaction. Time will be provided by staff to enable children will to apply it to clean, dry skin 10 15 minutes before going outdoors and reapply every two hours if outdoors for a prolonged period of time, or more frequently if swimming or perspiring.
- Students and staff are expected to wear a broad brimmed or legionnaire style hat whenever involved in outside programme activities or play during the period 1 September 30 April. The wearing of hats is optional for staff and students during the period 1 May 31 August. Students are required to wear hats which comply with approved school colours and design Broad brimmed, Legionnaire, Bucket.
- Students are expected to wear school uniform clothing that adequately covers exposed skin. e.g. sleeves, high collars. Students without hats will be required to move to a shaded area in lessons, or the top level verandas during playtime.
- Staff are expected to wear appropriate protective clothing when working outdoors.
- 3. To develop individual skin protection knowledge and skills and reinforce the Sun Smart message:
- Staff are encouraged and supported to model Sun Smart strategies in all relevant school activities.
- Skin cancer prevention will be included in all year level Health Curriculum expectations.
- 4. To develop school facilities to support Sun Safe behaviour:
- Tree planting and care to ensure adequate available shade
- Maintenance of outdoor shade structures

Policy Date: March 2015 Review Date: March 2017

