



Hallett Cove South Primary School
Care Respect Environment Safety Teamwork

Working together.
Preparing for the future

ILLAWARRA

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22nd February 2017

Principal: Lyn Ferenci

Diary Dates:

22/2, 1/3, 8/3	Small class swimming 11.30am-2pm
24/2	Assembly 2.30pm Year 3/4 hosting, including SRC Induction
3/3, 17/3	Footsteps Dance
3/3	Clean up schools day
10/3	Assembly 2.30pm Year 4/5 hosting
13/3	Adelaide Cup Public Holiday
14/3	Pupil Free Day – Staff Training
21/3	Governing Council AGM 7pm

Principal's Report

Acquaintance Night

Many thanks to all the families who attended our Acquaintance Night last Monday evening. It is always a positive experience to meet informally with parents at the beginning of the year to build rewarding partnerships that will benefit students. Please do not hesitate to contact your child's teacher should you have any questions about your child's progress at school this year.

Pre-service Teachers

This term we have welcomed two pre-service teachers to our school; Mr Jordan Taylor has been working in the Blue and Yellow Units and Ms Catherine Symonds in the R-2 small class. We hope that they have a very rewarding experience in our school.

Annual General Meeting

The Annual General Meeting of the Governing Council will be held on **Tuesday March 21st at 7pm** in the staffroom with drinks and nibbles provided. At this meeting the 2016 Annual and Financial report will be presented and the 2017 council elected.

The Governing Council is a great way to be involved in the life of the school as their role is to assist the Principal and school community with aspects such as:

- Setting the general educational direction for the school and financial management
- Policies and Procedures
- Management of OSHC and the Canteen

There will be vacancies on the council in 2017 so if interested please collect a nomination form from the Front Office. Meetings are held twice per term

on a Tuesday evening. We are always interested in new members, ideas and contributions to council.

If you are not able to make the commitment as an elected member you are still very welcome to attend the AGM.

I would like to take this opportunity to sincerely thank the members of the 2016 council for their support, dedication, and valuable contributions during what was at times a challenging year.

Volunteers in Schools

Volunteers in schools are always appreciated and if you are interested in volunteering in any capacity please contact the school – volunteering could be in the library, canteen, listening to reading in classrooms or helping out on excursions. Parents/carers who are assisting in their own child's classrooms, on excursions etc are no longer required to have a DCSI (screening) clearance and are closely supervised by teachers. If attending overnight camps, working with children with disabilities or on Governing Council then a clearance is still required.

Other family members or community volunteers are required to have this clearance and the application process is completed on-line. Further details can be obtained from the front office.

All volunteers who provide [ongoing assistance](#) (regular volunteering) with education and care sites and settings must also be provided with the Responding to Abuse and Neglect – Education and Care (RAN-EC) induction session for volunteers. The RAN-EC induction outlines volunteers' child protection responsibilities and provides guidelines on protective practices.

The RAN-EC session for volunteers can be delivered face-to-face or via an online session.

For both types of sessions, a certificate of participation is provided when complete.

A face to face session will be offered later this term however if you have sound computer skills and attending a site based session may be difficult for you due to time constraints then please contact the school to find out how to complete the on-line induction.

Community News and Events



WIRREANDA SECONDARY SCHOOL

OPEN NIGHT 2017

THURSDAY 23 MARCH 4PM – 7PM

For more information please contact Sue Bogumil at the school on 8329 7200



free parenting seminar

The mysterious world of teens: survival tips for parents

Are you the parent of a teen or pre-teen? Come and join us or watch our live webcast.

Find out:

- what's going on in your child's brain
- what it means to be a teenager in a digital world
- how best to communicate and what to do when things get tough
- what parenting style works best

Presented by Kirstie Semick, an Adelaide psychologist working with children, teens and their parents.

Register to attend in person or view the live webcast at:
 Online: <http://parenting.sa.eventbrite.com.au>
 Phone: 8303 1660
 Email: health.parenting@health.sa.gov.au

Wednesday 22 March
 Where: 7.00 - 9.00pm
 Where: Riverbank Room, Adelaide Convention Centre North Terrace, Adelaide

Presented by Parenting SA. For more information about raising children and teenagers visit www.parenting.sa.gov.au or www.qlh.com

Helping parents be their best

SRC Report

Congratulations to the following students who have been elected as their class SRC representatives for the first semester.

R-2s : Savannah and Jackson

4-7s : Dylan and Sarah

Yr 6/7: Heath and Kaylah

Yr 4/5: Edie and Noah G

Yr 3/4: Joel and Holly

Yr 1/2: Hayden and Sophie

Yr R/1: Hailee I and Daniel

School Captains are yet to be appointed and will be decided by the end of this week.

The students will receive their badges at the assembly this Friday commencing at 2.30pm.

The SRC have begun their 'Lunch Times Rock' activities. Each week we will set up a different activity designed to encourage students to take risks, to win and lose, practise our school agreements and values, interact with other students, keep busy and try new things. Last week we held a 'cup tower' stacking contest. The students worked exceptionally well displaying skills of team work, cooperation, sharing and taking turns to stack plastic cups. Our best tower had a total of 347 cups in it. Well done to all the students who participated. This week we will be holding a 'hat trick' bowling and a '3 pointer' basketball legends challenge.



School Uniform

A reminder that the school office stocks school polo tops, windcheaters and legionnaire hats for purchase – supplies were depleted following the fire and new orders should be in within the next two weeks.

The new look zip jacket - tracksuit style full zip jacket in school colours of royal blue and gold will however need to be pre-ordered ready for winter. Please complete the order form attached and return by **Friday 10th March** so that these can be manufactured and returned by the end of Term 1. Cost of the jackets is \$50.

The Year 7 Commemorative Jumper/Jacket will also be ordered soon and notes will be sent home to Year 7 students in Mr Moore's class.

School Hats

An incident/accident has occurred recently at 2 sites resulting in injuries to students from broad brimmed hats with adjustable chin cords.

In one incident, recently reported in the media, the student was using the junior primary play equipment and caught the hat that they were

wearing in the play equipment, resulting in a red welt on the child's throat due to friction/burn.

This style of hat is not sold at our school as part of the uniform (only legionnaires hats), however some students may have one from a previous school or one that has been purchased elsewhere.

As this incident identifies a risk of injury we request the following if your child has a hat with a chin cord:

- you inspect your child's school hat and if it has a cord, please immediately remove the cord; and
- if you have concerns about the safety of the hat please speak with school staff.

Recent advice is that cords must also be removed from hooded tops and as such we will no longer be able to purchase hooded tops with cords as part of our uniform. Please also check that these are removed from garments. The safety of students at this site is of utmost importance, as such our school staff will continue to monitor and assess potential risks.

Bringing of toys/sports equipment from home

Sports equipment and other personal items such as toys should not be brought from home unless for a specific reason such as 'show and tell'.

The school cannot be responsible for personal items and if an item is lost or damaged this can be very upsetting for the child and family.

We will ensure sports equipment is available for students to use at break times.

The school also has in place a Bring Your Own Device policy, particularly for students in the upper primary classes. Students who bring such devices must firstly sign an agreement with their parents/carers and be aware of their responsibilities in the use of these devices on school premises.

Year 1/2 News

In Jolly Grammar I have been learning about how to write proper sentences with punctuation. **Khai**

In Maths I have been learning about skip counting. I can skip count in 5s to 100. **Lily**

In Science I have been learning about stick insects. They are spikey and sometimes their skin comes off. **Tilli**

In Guided Reading I have been learning how to sequence sentences and about different tricky words. **Zac**

In Jolly Grammar I am learning more about the sounds and I am getting more confident with them. **Azaro**

In writing I am learning how to do finger spaces, full stops and writing neatly. **Sophie**

In Art I am learning about a portrait. **Hayden**

In Japanese I am learning about the lands that are close to Japan. **Emily**

In Music I am learning about go go noodle. **Toby**

In Health I am learning about feelings. **Hunter**

New Fencing

You may have noticed that some new fencing has recently been erected on the southern side of the Orange Unit. This new fencing is the result of ongoing safety concerns for some of our most vulnerable students being able to easily access the roads surrounding the school if they abscond from the classroom. Although not seen by some as aesthetically attractive the purpose is to provide increased safety and security for vulnerable children, their families and staff and as always safety must be our number one priority. We appreciate your understanding in this matter and a number of alternatives were taken into due consideration through Facilities Management and this was deemed to be the most efficient and cost effective solution within the parameters of our site.

'Bad Days'

When was the last time you had a bad day? One of those days when you're already running late for work and you need to stop for petrol, and then there are roadworks, and then you are stuck behind a slow driver... and then you are looking for the next bad thing to happen. One bad thing follows another like dominos.

When we are feeling down, we start focusing on problems that we would normally overlook. Even the most optimistic person can fall into the trap of the domino effect. While we can't control everything that happens to us, we can control how we respond to these events. We can choose to have a positive mindset.

When you find yourself thinking negatively, make an active effort to change:

- Focus on what you can do – it creates results
- Adopt an attitude of gratitude, e.g., while you are stuck in traffic appreciate that you get to hear a song you like on the radio
- Do something fun to distract yourself
- Set a time-limit for self-pity, e.g., I will allow myself to feel sad for 5 minutes and then I will make peace with what I can't change
- Spend time with positive people – when we spend time around people who are complaining it is really easy to encourage each other in our complaints and feel justified
- Ask for help if you need it

When you notice others who are experiencing a tough day encourage them to adopt a positive mindset. As you support your child, your partner, your friend, your own positivity will grow too.

Having a positive mindset takes practice, so don't give up!

Joey, PASTORAL CARE WORKER

at HCSPS on Wednesdays and Thursdays

Joey.Traeger704@schools.sa.edu.au

Playgroup

Playgroup is continuing on Friday mornings from 9-11am supported by our parent volunteer, Shauna. The playgroup is open to all families with children aged 0-5 years with parents/carers/grandparents staying with the children throughout the session. A

variety of fun indoor and outdoor activities are provided each week for the children, with tea and coffee making facilities available for the adults. You do not have to have children at the school to attend so feel free to bring a friend along.

Sports Report

Cricket

The Hallett Cove South, Hallett Cove and Hallett Cove East schools have combined for the 2017 cricket season. We have registered an A Grade, 2 B Grade, C Grade and Senior Kanga teams.

A Grade: Hallett Cove South was defeated by St. Peters Woodlands.

B Grade: Hallett Cove South played Brighton. 10/33 (Jett 23 runs, James 2 runs) were defeated by Brighton 1/79 Jett (1 wicket) All players encouraged each other to do their best and all enjoyed their first game of 2017.

Katie (Team Manager)

C GRADE Hallett Cove South were defeated by St. Martin de Porres

Thursday 23rd February the C GRADE teams will be participating in a Lightning Carnival at the Brighton Primary School oval from 4.15-7.15pm.

KANGA Hallett Cove South played Seacliff

Any students from Year 1-7 who would like to join a cricket team should contact the staff in the school office.

Basketball

HCSPS vs Colonel Light Gardens Result 4:16

Hailey was our scorer. Well done to all players for a huge improvement in just a couple of weeks training. Lana Coach

Lyn Stribley

Sports Coordinator

OUR PACT – is a free APP which will allow you to remotely control your child's internet use, device and screen time using wifi.

Many parents will relate to the following in response to a request to do a chore, get ready for bed or come to the table for dinner. *"In a minute, I just need to finish this level."* or *"Hang on I still have a life left."*

If you are constantly battling with your child/children to get them off their phone, Ipad or Ipod, you can download the app 'Our Pact' and remotely block their devices from your phone. You can even turn off your child's device remotely at any point in time. This may well be useful if your child isn't following instructions. You may find that they jump very quickly and do what was asked if you have the ability to turn off their device until they complete their homework, do their jobs or get ready for school, bed, etc. This may also come in handy for the teenagers who assure you that they have *'most definitely'* turned their phones off before going to bed. You could set a curfew time and remotely shut down snapchat, Instagram, music.ly and Facebook.

OSHC News

It has been encouraging to see an increase in families using the OSHC service this year. Vacancies are still available and both casual and permanent bookings are welcome – please remember though that only permanent bookings can guarantee a place. Late casual bookings may not be possible if staffing ratios are not sufficient to increase the numbers on that day.

A reminder that the school has a Pupil Free Day on Monday 14th March – if you require care on this day then please ensure you book by Tuesday 28th February.

Ovation Centre of Performing Arts

One of the Nation's leading centres for education and training in the performing arts operates after school sessions on Tuesdays and Wednesdays at HCSPS in the multi-purpose hall. Their work supports young people from their first theatre experience to their first professional production. Join the community of students who will take an Ovation acting course this year and learn from the best. Don't think twice, check out our programs www.ovationcpa.com.au or call 0416011643 to book your place.



Milk consumption and cognitive function in children

CSIRO is looking for families to participate in a study investigating the effects of milk drinks on cognitive function, and physical growth and fitness in primary school children

We would like to hear from you if your child:

- was born between November 1st 2007 and May 1st 2010
- is a low dairy consumer
- is not taking micronutrient supplements
- has not been diagnosed with a psychological, behavioural or other disorder (e.g., Autism, ADHD, Specific Learning Disorder) or movement disorders (e.g., cerebral palsy, tremor, myoclonus etc.)
- speaks English as their primary language

For further information or to register your child's interest, please visit the following link <http://www.surveygizmo.com/s3/3112056/Milk-Kids-4> If you have any queries about this study or would like further information please call (08) 8303 8906, 1800 850 036 or email MilkKids@csiro.au This is a DECD approved research study.